



Health Coaching Pricing Chart

1-Month Program \$250.00

Two bi-weekly sessions

3-Month Program Value \$725

Value = \$750 – Save \$2

Six bi-weekly sessions

6-Month Program Value \$1425

Value = \$1500 – Save \$75

12 bi-weekly sessions

Enroll Same Day as your Healthy Lifestyle Evaluation:

3 & 6 Month Programs - Get \$10 OFF Per Month

Pay in Full Discounts:

3 & 6 Month Programs - Save an Extra \$50

Discounts for Referrals!

Health Coaching Hours:

W. & Th. 8:30 - 7; Fri 8:30 - 5

Sessions in person or on the phone.