



Health Coaching Pricing Chart

1-Month Program \$195.00

Two sessions

3-Months Program Value \$585

Your Cost \$565 – Save \$20

Two sessions per month

6-Month Program Value \$1170

Your Cost \$1110 – Save \$60

Two sessions per month

Additional Discounts for 3 and 6 Month Programs:

- Enroll same day as your Healthy Lifestyle Evaluation
Get \$10 Off per month of your program.
- Get \$20 Off 3-Month Program when paid up front
- Get \$80 Off 6-Month Program when paid up front

Discounts for Referrals!

Health Coaching Hours

W. & Th. 8:30 a.m. – 7 p.m.; Fri 8:30 a.m. – 5 p.m.